

*ʔa.kti.ɕatiyam*  
**DREAM**

**INTEGRATED (COLLABORATIVE)**

Creating a circle of support, making sure all professional and personal supports and services are communicating and working together to provide collaborative and holistic care.

**CULTURAL & TRADITIONAL**

Support and Services are grounded and will build on Indigenous wellness and healing traditions. Working to pull in knowledge keepers to support and guide our everyday work.

*ʔupxnitik*  
**DISCOVER**

**EXPERIENTIAL (DISCOVERY)**

Learning happens through action and practice. Celebrating successes and supporting individuals to learn through struggles.

**RELATIONSHIP-BASED**

Recognizing that healing happens in relationship and networks. Working to best support individuals to stay connected to, or work to reconnect individuals to family and community.

**Ktunaxa Nation Social Sector Framework**

*ʔa.knumuɕtifiit*  
**LAWS**



*qanikitci*  
**BELIEFS**  
*kwititwi.nart*  
**VALUES**

Supporting people to define what health and wellness looks like for them. Recognizing and building on their own strengths, resourcefulness, and resilience to shift them closer to their vision of wellness.

**WELLNESS & HEALING  
STRENGTH-BASED**

**INCREASING SAFETY  
(HARM REDUCTION)**

Supporting individuals to make decisions as to what next small steps they want to take to move them closer to their own vision of health and wellbeing. Supporting people to heal in their own way and at their own pace.

**UNDERSTANDING IMPACTS  
TRAUMA-INFORMED**

Working to understand historical trauma and stress and how it shows up in the present day. Ensuring each program or service is designed in way that best supports physical, emotional, mental, and spiritual safety and wellbeing.

*ksukitqukatnam*  
**CELEBRATE**

**MASTER**  
*ta.kin*

